

## **Bardis Seabury CV**

Bardis is an experienced consultant who has specialised in working with flexible working and Work Life Balance issues within private and public sector employers since 1994. Before that, she had a career in Further and Higher Education training managers, teachers and social workers.

### **Some recent consultancy assignments**

#### **Management training and development**

Bardis has designed and delivered training in support of several of the HR consultancy projects she has managed, including:

- development and design of change planning workshops for teams within the Department of Trade and Industry to move to flexible workspace and flexible working
- design and deliver workshops to support staff in the transition to flexispace working at DTI Energy Group
- design and delivery of management training programme on “Managing E-Workers” for Eircom
- development and delivery of management training at the Inland Revenue to support the implementation of flexible working and extended opening hours to include evenings and weekends.

#### **HR consultancy**

Bardis has provided advice to the British and Irish Governments on working with businesses on Work Life Balance initiatives, in addition to the following specific assignments:

- Work Life Balance Audit and recommendations for development of HR strategy, including flexible working and other WLB provisions
- DTI Challenge Fund projects as lead consultant developing Work Life Balance / flexible working programmes for:
  - London Electricity Group (4,500 employees)
  - Jewish Care (1,500 employees)
  - Eastwards Trust (100 employees)
  - Quality Assurance for a further 15 projects with SMEs.

#### **Qualifications**

Approved Consultant for the DTI Challenge Fund, the Work Foundation, PTSC, Opportunity Links, and SPRITO; Registered Work Life Balance Practitioner; qualified to teach the Enneagram Spectrum of Personality Styles following training at Loyola University, Chicago; qualified to administer the Myers-Briggs Type Indicator (MBTI).